

Nerve Pain Tablets

Pregabalin (Nervigesic, Maxgalin) · Gabapentin (Gabapin)

Your tablet: _____ Take: _____

What these do

These are not ordinary painkillers. They calm over-active nerves, and they help the **burning, shooting, electric or tingling** kind of pain — not simple mechanical ache. They work gradually, so give them **two to four weeks** before judging them.

How to take them

- We start at a **low dose and increase slowly**. This is deliberate — going up too fast causes dizziness.
- If you take one dose a day, take it **at night**. Drowsiness then works in your favour.
- Take them at the same times each day, with or without food.

WHAT TO EXPECT IN THE FIRST TWO WEEKS

Drowsiness, mild unsteadiness and a "muzzy" feeling are common and usually settle. **Do not drive** until you know how they affect you. Avoid alcohol.

Some people notice **swollen ankles** or gradual weight gain. Tell us — it is the medicine, not your heart, and the dose can be adjusted.

NEVER STOP THESE SUDDENLY

Stopping abruptly can cause anxiety, sweating, sleeplessness, nausea and a rebound of pain. **We will reduce the dose gradually over at least a week** when it is time to stop. If you want to stop for any reason, tell us and we will plan it.

IF YOU HAVE KIDNEY TROUBLE

These medicines leave the body through the kidneys. If your kidney function is reduced, you need a **lower dose** — please make sure we know. Too high a dose in kidney disease causes marked drowsiness and confusion.

Search: pregabalin, gabapentin, nerve pain, sciatica tablets, tingling numbness

