

Pain Patches

Diclofenac · Lidocaine · Fentanyl and Buprenorphine patches

Your patch: _____ Change every _____ hours / days

Using any patch

- Apply to **clean, dry, unbroken skin** with little hair. Do not apply to a wound, rash or freshly shaved skin.
- Press it down firmly with your palm for about 30 seconds.
- **Change the site each time** — do not put a new patch on the same spot for at least a few days.
- Write the date and time on the patch or on a note. It is very easy to lose track.
- **Remove the old patch before applying a new one.** Fold it sticky-side inwards and dispose of it out of reach of children and pets.
- Do not cut a patch in half unless we have told you to.

DICLOFENAC PATCH

— for a painful joint or muscle. Same cautions as the gel: it still counts as an anti-inflammatory medicine.

Lidocaine patch — a numbing patch for nerve-type or scar pain. Usually **12 hours on, then 12 hours off**. It works only where you place it.

FENTANYL AND BUPRENORPHINE PATCHES — EXTRA CARE

These are **strong opioid** patches for long-standing severe pain. They are not for new or short-term pain.

Never apply heat over the patch — no hot water bottle, heating pad, hot bath, sauna or direct sun. Heat makes the patch release far more medicine at once, which can be dangerous. Tell us if you develop a high fever.

Keep used and unused patches away from children. A single patch stuck to a child's skin can be fatal.

Contact us urgently if the person becomes very drowsy, confused, or breathes slowly.

Search: pain patch, diclofenac patch, lidocaine patch, fentanyl patch, transdermal

